

328 RCACC Master Training Plan

			Green Star		Red Star		Silver Star		Gold Star
DATE	PERIOD	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT
04-Mar-10	1 19:00 - 19:30	CO Parade		CO Parade		CO Parade		CO Parade	
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	2 19:35 - 20:05	CO Parade		CO Parade					
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	3 20:10 - 20:40			CO Parade					
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
11-Mar-10	1 19:00 - 19:30	M-107.04	General Cadet Knowledge - State the Aims and Motto of the Army Cadet Program.	M-223.03a	Hiking & Trekking - Participate in a Discussion on Crossing Obstacles While Trekking	M-413.03a	Physical Fitness - Pursue a healthy lifestyle.		
	Instructor		Juker C	Instructor	Juker J	Instructor	McInnes	Instructor	
	Location		Classroom A	Location	Classroom B	Location	Recruit Hallway	Location	
	2 19:35 - 20:05	C-108.01b	Drill - Execute Supplementary Drill Movements.	M-223.03b	Hiking & Trekking - Participate in a Discussion on Crossing Obstacles While Trekking	M-401.EVb	Drill - Observe a demonstration period on how to teach a drill mutual and Testing (drill mutuals).		
	Instructor		Anderson	Instructor	Juker J	Instructor	Anderson	Instructor	
	Location		Parade Square	Location	Classroom B	Location	Parade Square	Location	
	3 20:10 - 20:40	C-104.01	Personal Fitness and Healthy Living - Create Team Goals.	O-Drill prac	Unit Created Optional Training - Drill practice	M-409.05	Instructional Techniques - List the five types of verbal support.	M-409.EVc	Instructional Techniques - Teach a period of instruction.
	Instructor		Juker C	Instructor	Juker J	Instructor	McInnes	Instructor	Hollowaty
	Location		Classroom A	Location	Parade Square	Location	Recruit Hallway	Location	

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18-Mar-10	1 19:00 - 19:30	M-122.01	Navigation - Identify Types of Maps.	M-222.02b	Navigation - Describe Bearings	M-Mutual Prac	Commanding Officer Defined Period - Drill Mutual/Instructional Technique Practice		
	Instructor		Juker C	Instructor	Juker J	Instructor	McInnes	Instructor	
	Location		Classroom A	Location	Classroom B	Location	Parade Square	Location	
	2 19:35 - 20:05	M-122.02a	Navigation - Identify Marginal Information and Conventional Signs.	M-223.02	Hiking & Trekking - Identify Hiking/Trekking Associations	M-401.EVc	Drill - Observe a demonstration period on how to teach a drill mutual and Testing (drill mutuals).		
	Instructor		Anderson	Instructor	Juker J	Instructor	McInnes	Instructor	
	Location		Classroom A	Location	Classroom B	Location	Parade Square	Location	
	3 20:10 - 20:40	M-122.02b	Navigation - Identify Marginal Information and Conventional Signs.	C-203.06b	Leadership - Participate in Problem-Solving Activities	M-401.EVd	Drill - Observe a demonstration period on how to teach a drill mutual and Testing (drill mutuals).		
	Instructor		Anderson	Instructor	Juker C	Instructor	McInnes	Instructor	
	Location		Classroom A	Location	Classroom B	Location	Parade Square	Location	
25-Mar-10	1 19:00 - 19:30	O-ACFT	Unit Created Optional Training - Army Cadet Fitness Test/PACER	M-204.05	Personal Fitness and Healthy Living - Perform the PACER (End Year)	M-413.03b	Physical Fitness - Pursue a healthy lifestyle.	M-ACFT	Commanding Officer Defined Period - Army Cadet Fitness Test
	Instructor		All	Instructor	All	Instructor	All	Instructor	All
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	2 19:35 - 20:05	O-ACFT	Unit Created Optional Training - Army Cadet Fitness Test/PACER	O-ACFT	Unit Created Optional Training - Army Cadet Fitness Test/PACER	M-413.EV	Physical Fitness - Testing is done as required. (The cadet must participate in the army cadet fitness test.) Usually scheduled at the LHQ - may need to schedule	M-ACFT	Commanding Officer Defined Period - Army Cadet Fitness Test
	Instructor		All	Instructor	All	Instructor	All	Instructor	All
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	3 20:10 - 20:40	O-ACFT	Unit Created Optional Training - Army Cadet Fitness Test/PACER	O-ACFT	Unit Created Optional Training - Army Cadet Fitness Test/PACER	M-ACFT	Commanding Officer Defined Period - Army Cadet Fitness Test	M-413.EV	Physical Fitness - Testing is done as required. (The cadet must participate in the army cadet fitness test.) Usually scheduled at the LHQ - may need to schedule
	Instructor		All	Instructor	All	Instructor	All	Instructor	All
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square